



Postoperative instructions

Pediatric Closed Reduction Distal Radius Fracture

Weightbearing: No weightbearing to the fractured extremity

Dressing instructions: Keep your cast clean and dry at all times. It will be removed at your first follow up appointment.

Cast instructions: Do not get your cast wet. If it becomes wet, please contact our clinic to have it changed as soon as able.

Pain control: You may alternate over the counter acetaminophen (Tylenol) and motrin as directed on the bottle. In addition, elevate the operative extremity above the heart at all times to prevent swelling and throbbing pain. **Elevation will be critical for decreasing pain!** Additionally you may place ice packs directly on the cast at the fracture site to help with swelling

Please call 931-552-4340 for any problems. Including the following:

- Objects getting stuck in the cast or the cast becomes wet
- Increasing pain despite appropriate elevation and medication
- Tingling of the fingers or hand

Please call 931-552-4340 if you do not receive or are unsure of your first follow-up appointment. You should have an appointment 10-14 days after your surgery.

Follow up appointments:

- 1) 1-2 weeks with Dr. Teske for repeat XRays
- 2) Dr. Teske, 4-6 weeks for X-Rays

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