



## **Postoperative instructions**

### **Closed Reduction Percutaneous Fixation Lateral Humerus Fracture**

Weightbearing: No weightbearing to the operative extremity

Dressing instructions: Keep your cast clean and dry at all times. It will be removed at your first post-operative appointment.

Splint/cast instructions: Do not get your cast wet. If it becomes wet, please contact our clinic to have it changed as soon as able. If it becomes too tight, elevate the arm immediately or return to clinic for a cast change/split

Pain control: You may alternate Tylenol and Ibuprofen over the counter as directed. In addition, elevate the operative extremity above the heart at all times to prevent swelling and throbbing pain.

Please call 931-552-4340 for any problems. Including the following:

- Excessive redness of the incisions
- Drainage for more than 4 days
- Fever of more than 101.5° F

Please call 931-552-4340 if you do not receive or are unsure of your first follow-up appointment. You should have an appointment 4 weeks after your surgery.

Follow up appointments:

1) 4 weeks with Dr. Teske for cast removal and possible removal of pins. Best to take Motrin or Tylenol prior to the visit in the case of pin removal

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